

Blake P. Mitchell

Licensed Clinical Psychologist (Texas#32836)

17103 Preston Road, Suite 288
Dallas, TX 75248

214-629-1389
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EDUCATIONAL HISTORY

8/2003	PhD	Clinical Psychology	Biola University
5/2001	MA	Clinical Psychology	Biola University
8/1999	MA	Counseling	Dallas Theological Seminary
5/1996	BS	Genetics	Texas A&M University

LICENSE

Licensed Clinical Psychologist, State of Texas (3/2006 - Present)

Licensed Clinical Psychologist, State of Alabama (3/2004 - 10/2006)

EMPLOYMENT HISTORY

6/2006-Present **Blake P. Mitchell, Ph.D., P.C.**
Licensed Clinical Psychologist - Independent Practice
17103 Preston Road, Suite 288 1000 Texan Trail, Suite 205
Dallas, TX 75248 Grapevine, TX 76051
(214)629-1389 (214)629-1389
Offer a variety of services for a wide array of reported difficulties in an outpatient mental healthcare setting. Specialize in psychotherapy services for adolescents and young adults, individual psychotherapy for all ages and psychological testing. Also, perform many forensic services including mediation, consultation and assessment services.

5/2004-5/2006 **United States Navy**
USS Abraham Lincoln (CVN-72)
Ship Psychologist
Medical Department
FPO, AP 96612-2872
(425) 304-5123 x2018
Assigned as the psychologist onboard one of the 12 aircraft carriers in the US Navy. Completed a 2-year tour consisting of numerous underway periods and 2 western Pacific deployments, including humanitarian assistance/disaster relief for the Indonesian victims of the December 2004 tsunami. Responsible for the mental health needs of the ship's crew (3,300 personnel), accompanying air wing (2,200 personnel) and destroyer squadron (1,000 personnel). Provided individual and group counseling, crisis management and a wide variety of psychological assessments. Advised command regarding mental health issue including suicide, suitability for continued service, fitness for duty, eligibility for security clearances and organizational ways to better manage personnel issues. Also, supervised the ship's Substance Abuse Rehabilitation Program (SARP) where we offered prevention programs, substance abuse screenings and three levels of treatment.

8/2003-4/2004

**United States Navy
National Naval Medical Center
USNS Comfort**

Behavioral Healthcare Clinic
8901 Wisconsin Avenue
Bethesda, MD 20889
(301) 295-0500

Assigned as an adult outpatient psychologist and provided a variety of psychological services to active duty military personnel, dependants, reservists and civilians employed with the Department of Defense. Offered individual, group, family and marital counseling. Produced full psychological reports based on various psychological tests, including the MMPI-2, MCMI-III, PAI, TAT and the Rorschach for fitness for duty evaluations, security clearance evaluation and assessments for special duties. Also, established a means for the provision of psychological services to more remote medical clinics via bi-weekly commuting and videoconferencing. Finally, sat as the only junior member of the Navy's internship selection committee, responsible for interviewing and evaluating applicants during the selection process.

CLINICAL PSYCHOLOGY INTERNSHIP

6/2002-7/2003
(2250 hours)

**United States Navy
National Naval Medical Center**

Behavioral Healthcare Clinic
8901 Wisconsin Avenue
Bethesda, MD 20889
(301) 295-0500

Supervisors: Marvin Podd, PhD, Clinical Training Director
Robert McCullah, PhD, Licensed Psychologist
Karl O. Moe, PhD, Licensed Psychologist

The internship consisted of 3, 4-month major rotations in (1) assessment, (2) adult outpatient, and (3) behavioral medicine. An additional minor rotation, 3 weeks in length, in adult inpatient treatment at the Washington, DC, Veterans Administration Hospital was also part of the internship year.

SUPERVISED CLINICAL PRACTICA

9/2001-5/2002

**Los Angeles County-University of Southern California Medical
Center, General Hospital (LAC+USC/C&L)**

Adult Outpatient/ Consultation and Liaison Psychiatric Services
1200 North State Street
Los Angeles, CA 90033
(323) 226-5345

Supervisor: Elaine Eaton, PhD, Licensed Psychologist

The adult outpatient clinic services a wide variety of patients from East Los Angeles and surrounding communities. The office works as consultants to the Consultation and Liaison Services who provide psychiatric consultation for medical patients on the inpatient unit, in outpatient facilities and in the prison ward of the General Hospital. The primary task for Psychology Clerks consists of designing appropriate test batteries considering the referral question(s), patient's intelligence level, reading ability, cultural background, and location of the patient. A clinical interview and initial screening measures are administered to further clarify the appropriateness of certain measures, a final test battery is agreed upon and the patient is administered the tests. Ultimately, a full psychological report is issued to the attending physician that includes patient's

background history, behavioral observations, test results and a summary and recommendations for treatment. The fifteen hour per week commitment includes the before mentioned assessment procedures, individual and group supervision, report writing, biweekly multi-disciplinary case consultation meetings with psychiatrists and psychiatry residents and weekly training seminars with topics including a variety of assessment procedures and assessment with varying population.

6/2000-6/2001

Biola Counseling Center

Biola University
13800 Biola Avenue
La Mirada, CA 90639

Supervisors: David Cimborra, PhD, Licensed Psychologist
Betsy Barber, PsyD, Licensed Psychologist

Biola Counseling Center is a university counseling center that seeks to meet a variety of therapeutic, assessment, and psychoeducational needs for students, faculty, and staff at Biola University and the local community. The 20 hour per week commitment includes eight to twelve hours of individual therapy, and several hours each of measurement and assessment, integrative report writing and interpretation, intake assessment, and two hours of clinical supervision.

2/2000-6/2000

Whittier City School District

Hoover Elementary School
6302 South Alta Avenue
Whittier, CA 90601

Supervisor: Juliette Boewe, MEd, School Psychologist

Performed many routine functions of a school counselor as an assistant to Ms. Boewe at Hoover Elementary School. These duties included individual and group therapy, measurement and assessment, interpretation and report writing, classroom observation, and consultation with teachers, staff, and parents. These duties typically culminated with the planning, organization and leadership of Individual Education Program (IEP) meetings, Student Study Team (SST) meetings, and individual consultation meetings with the school psychologist, school principal, resource specialist, speech and language therapists, teachers, and parents.

9/1999-12/1999

Rosemead School of Psychology

Biola University
Biola Counseling Center
13800 Biola Avenue
La Mirada, CA 90635

Supervisor: Cherry Steinmeier, PsyD, Licensed Psychologist

As part of a prepracticum exercise, treated one client weekly for twelve weeks with an emphasis placed on building the therapist's empathy skills. In addition, observed classmate's counseling sessions one hour per week for twelve weeks. Immediately following each session was 30 minutes of feedback and discussion with a supervising teaching assistant and classmate. Received thirty hours of group supervision. Training focused on the development of empathy skills.

1/1999-8/1999

Christian Counseling Associates

500 N. Central Expressway, Suite 261
Plano, TX 75074

Supervisor: Lila Z. Cody, MA, LPC

Provided individual, couple, and family counseling. Presented cases and formulated treatment plans for all clients. Received one hour of individual and one hour of group

supervision weekly. Also, performed administrative duties including filing of bills, maintenance of accounts, phone intakes, assessment of symptomatology and assignment of clients to clinicians.

RELEVANT EMPLOYMENT HISTORY

- 6/2001-5/2002 **Biola Counseling Center**
Staff Therapist
13800 Biola Avenue
La Mirada, CA 90639
Supervisor: Betsy Barber, PsyD, Licensed Psychologist
Hired as a staff therapist following the completion of outpatient practicum. The 15 hour per week commitment includes eight to twelve hours of individual, couples and/or group therapy, and several hours each of measurement and assessment, report writing and interpretation and two hours of clinical supervision.
- 1/2001-5/2002 **Whittier Hills Baptist Church/Biola Counseling Center**
Biola University
13800 Biola Avenue
La Mirada, CA 90639
Supervisor: Todd Hall, PhD, Licensed Psychologist
This is a cooperative effort between Whittier Hills Baptist Church in Whittier, California and the Biola Counseling Center to extend the services of the counseling center to the local church. Duties include consultation on psychological issues as well as providing services as a therapist at a reduced rate for staff and members of the congregation. Client population generally includes family, child, and adolescent patients.
- 1/2000-7/2000 **Whittier City School District**
Hoover Elementary School, Psychological Intern
6302 South Alta Avenue
Whittier, CA 90601
Supervisor: Juliette Boewe, MEd, School Psychologist
Hired by the school to perform the functions of a school counselor at Hoover Elementary School. This work was performed above and beyond the practicum duties. These duties as a school counselor included individual and group therapy, measurement and assessment, interpretation and report writing, classroom observation, and consultation with teachers, staff, and parents. These duties were carried out through the leadership of Individual Education Program (IEP) meetings, Student Study Team (SST) meetings, and consultation meetings with the school psychologist, school principal, resource specialist, speech and language therapists, teachers, and parents.

TEACHING EXPERIENCE

- 8/2006-Present **Adjunct Faculty, Dallas Theological Seminary**
Practicum I, II and III
On-campus supervision of Masters-level counseling students at Dallas Theological Seminary
- 11/2004-2/2005 **Professor of Psychology, Central Texas College**
Navy College PACE
USS Abraham Lincoln (CVN-72)
Introduction to Psychology
Undergraduate Level
Taught Introduction to Psychology for two classes of students while on the 2004/2005 western Pacific deployment. Students were all member of the crew of the USS Abraham Lincoln and the embarked air wing who were afforded the opportunity to gain college credits during their free time.
- 2/2002-5/2002 **Teaching Assistantship:** Rosemead School of Psychology
9/2000-12/2000 Professor: Chris Grace, PhD
Social Psychology
Undergraduate/Graduate Level
Responsible for the grading of papers and exams performed by students and teaching duties during the absence of the professor. Topics of lectures given included group effects and forgiveness.
- 2/2000-5/2000 **Teaching Assistantship:** Rosemead School of Psychology
Professor: Chris Grace, PhD
Introduction to Psychology
Undergraduate Level
Led discussion groups for several different lab sections and graded weekly papers for 14 students. Discussions consisted of topics including the different specialties within psychology, history of psychology and psychology's integration with individual faith.

SUPERVISION EXPERIENCE

- 9/2001-5/2002 **Psychodynamic Therapy Lab I**
Psychodynamic Therapy Lab II
Graduate Level
Rosemead School of Psychology
Professor: Nancy Duvall, PhD, Licensed Psychologist
Supervisor for three graduate students training in the psychodynamic modality. Meet with students for 1 ½ hours of group supervision each week, grade papers from each student concerning various topics in psychodynamic therapy and meet with course instructor for 1 ½ hours of weekly supervision for training in how to give supervision from the psychodynamic perspective.
- 1/2001-5/2001 **PrePracticum I**
PrePracticum II
Graduate Level
Rosemead School of Psychology
Professor: Amber Sarpy, PsyD,
Supervisor for six beginning graduate students in training in clinical psychology. Observed sessions in real-time and provided 1 ½ hours of weekly supervision for three of

the students on an individual basis. Also, provided group supervision for all six students for two hours weekly. Emphasis was placed on the student's ability to develop a relationship with the client through the use of empathy.

RESEARCH

Dissertation

<u>Topic</u>	Determining specific factors that may contribute to the seeking of forgiveness by an offender from his victim. Specific factors studied are constructive and destructive guilt, empathy, and perceived seriousness of offense.
<u>Status</u>	Completed January 2003